

HEALTH EQUITY *among BRIGHT SMILES in Pictou County*

*Image courtesy of the
Canadian Dental
Hygienists Association*

A Project to bring oral health to vulnerable populations in NS

Editorial by **Rosemary Bourque RDH & Cecilia McRae BEd, BSc**

Bright Smiles is a grassroots effort to fill an oral health care gap at a community level. For 7 years, Cecilia McRae has co-facilitated a support group for families in Pictou County who have loved ones who live with mental illness. The group members frequently discuss the dilemma of how to overcome barriers to oral health care for individuals living with mental illness.

The Nova Scotia department of Health Promotion & Protection recognizes the importance of oral health - "Because of its effects on daily living, oral health is considered a determinant of quality of life" Their 2008 report recognized the importance of oral health and the fact that vulnerable populations in Nova Scotia still encounter barriers to accessing dental care.

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the UNISON

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College of Dental Hygienists of
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We welcome your ideas, articles and letters. Submit to the Editor at members@cdhns.ca

CDHNS Council Chair's Message



Jennifer Clark *Council Chair*

Season Greetings! Winter is around the corner and it's great time of year to enjoy outdoor activities or curl up in front of a warm fire. I hope that each and every member will have some time to relax and enjoy the holiday season with family, loved ones and friends.

After an extensive search this past summer, which I had the pleasure of being a part of, the CDHNS hired a new Registrar. It is with great pleasure that I welcome Stacy Bryan to the position of Registrar for the College. Stacy has a wealth of knowledge and experience and will be a great asset to the College. Stacy and I have had the pleasure of collaborating together the past 6 weeks and we look forward to the future with the College.

In October, I was honoured to represent and collaborate on behalf of CDHNS at the CDHA and Global conference, *Translating Knowledge into Action*, in Ottawa. I attended seminars adding knowledge to my repertoire and attended many meetings. It was great to meet with fellow presidents from other provinces and learn from each other.

One thing I was very excited to hear was a presentation from Director General, Dr Hasan Hutchinson from the Canadian Department of Health on Nutrition Policy and Promotion. Exciting changes are coming for packaging and nutrition labeling in regards to sugar, fats, and sodium.

Stacy and I were able to meet with the Annapolis Valley Study club recently and look forward to the opportunity to meet with other study clubs and societies around the province. If there is ever a concern please know that we wish to hear from you.

The College had its first council meeting of the season in October and welcomed 3 new members. It's wonderful to have new members from various backgrounds, ages and locations throughout the province bring passion to our profession and an eagerness to work hard as an advocate for CDHNS. I look forward to working with my fellow council members.

I wish all of you a safe and joyous holiday season.

Important dates to remember

CDHNS Council Meeting **January 19 and 20, 2018**

Dalhousie Student Dental Hygiene Presentations **January 26, 2018**

Deadline for Council Nominations **February 28, 2018**

NSSC Dental Assisting Table Clinic **March 22, 2018**

National Dental Hygienists Week **April 7-13, 2018**

CDHNS Council Meeting **May 4 & 5, 2018**

AGM **June 2, 2018**

From the desk of the Registrar



Stacy Bryan Registrar

I am pleased to be writing my first communication “From the desk of the Registrar”. After arriving on September 23, 2017 in Halifax, I promptly started as CDHNS Registrar on September 25, right in the height of renewal. The East Coast is known for its hospitality. Although I’m not surprised by the kindness, I’m very grateful for the warm welcome I received from all CDHNS staff, members, and other regulators upon my arrival. Patricia (Pat) Grant, outgoing Registrar extraordinaire, helped set the positive tone with her welcoming countenance, energy, and passion for CDHNS. Pat’s knowledge, expertise, and dedication to Nova Scotia dental hygienists were second to none. Several people have said to me, “You will have big shoes to fill.” My response is always, “I can’t fill Pat’s shoes but I will do my best to forge a path for CDHNS, alongside CDHNS Council and the entire membership, using the solid foundation that Pat has built.

I am excited to see where we will go as we strive to achieve the Mission and Vision of the CDHNS – regulating CDHNS members in the best interest of the public by promoting excellence in dental hygiene care in an environment of interprofessional collaboration, professional advancement, and equitable access to health care for all Nova Scotians.

As most of you are aware, following Pat’s retirement, none of the CDHNS staff had been through a renewal. I thank you, the CDHNS members, and the two diligent CDHNS staff – Anna Marie Gonsalves and Renee Field – for your patience and understanding as we worked through our first renewal.

Below is the information regarding this year’s renewal:

CDHNS Members on November 1, 2017	
687	Practising Members
46	Non-Practising Members
733	Total Members

What constitutes dental hygiene practice in Nova Scotia?

Section 22 of the Act provides details regarding dental hygiene scope of practice. In conjunction with the Regulations (including Sections 25 and 26: Scope of Practice), the practice of dental hygiene is defined. Only CDHNS members who hold a practising licence may engage in the practice of dental hygiene in Nova Scotia, whether as a volunteer or for remuneration. The practice of dental hygiene includes members who act as clinicians, educators, researchers, administrators, health promoters, and/or consultants.

General Notice: Practising in Nova Scotia without registration and a valid practising licence or when a licence is expired, cancelled or suspended is considered unprofessional conduct under the Dental Hygienists Act and Regulations and can be subject to sanction through the disciplinary process. The Summary Proceedings Act of Nova Scotia can also apply in addition to any penalty otherwise provided for in the *Dental Hygienists Act* or Regulations.

Notice of Cancellation of Registration and Practising Licence on Request

In accordance with the *Dental Hygienists Act* and Regulations, the registration and practising licence of the following individuals have been cancelled at their own request. They remain in “good standing” with the CDHNS. These individuals are no longer authorized to practice dental hygiene in the Province of Nova Scotia.

020510	Stephanie Reeves
070723	Stacey Fairweather Zed
080628	Lisa Dagley
110953	Michala Johnston
120943	Julie McManus-Knaggs
150515	Julia Collett
150727	Ashley Broome
160624	Amanda Thurber
160628	Ami Kelly
160629	Lindsay Gallie
160838	Shawnee Robinson
160839	Danielle Ayotte
171109	Katherine Anand
770501	Marcia Samson
830503	Donna MacDonald
990510	Sherri Lonar
990613	Lisa Whittingham
990716	Amanda Cook

Cancellation of Registration and Practising Licence on Request – Reason Noted: Retirement

In addition to the individuals noted in the above table, the following individuals requested cancellation of their registration and practising licence due to retirement. The CDHNS would like to take this opportunity to thank these retiring members for their significant contribution to the oral health of Nova Scotians. Your service as health care providers and support for the dental hygiene profession has been appreciated. We wish you well in your retirement. Please note, the classes noted below are for the individual’s initial dental hygiene education only.

Wendy Berry	Confederation Class of 1978
Patricia Forsythe	Dalhousie Class of 1981
Yolanda Gillis	Dalhousie Class of 1978
Janice (Peggy) Maillet	Dalhousie Class of 1974

Margaret (Peggy) McCrea	Dalhousie Class of 1972
Helen Pitman Locatelli	Dalhousie Class of 1984
Denise Snow	Dalhousie Class of 1988
Mona Tonet	Dalhousie Class of 1979
Evelyn White	Dalhousie Class of 1971

Notice of Cancellation of Non-Practising Membership on Request

In accordance with section 34 of the Regulations, the following individuals have cancelled their non-practising membership with the CDHNS. Their names have been removed from the non-practising register at their own request. These individuals remain “in good standing” with the CDHNS. As a non-practising member, these individuals were not and are not authorized to practice dental hygiene in the Province of Nova Scotia.

140731	Paige Mills
160735	Amy Gallo

The two individuals below requested cancellation of their non-practising membership with CDHNS due to retirement. While they were in the non-practising category when they retired, the CDHNS would like to take this opportunity to thank these retiring members for their significant contribution to the oral health of Nova Scotians while they were practising. Your service as health care providers and support for the dental hygiene profession has been appreciated. We wish you well in your retirement!

Audrey Pierce	Dalhousie Class of 1987
Glenna Sullivan	Dalhousie Class of 1972

We’ve been listening

During fall renewal, practising and non-practising members were asked if they would like to receive the Unison newsletter by mail or by an electronic format only. The results are as follows: 268 requested a mailed copy (~37%) and 465 requested email only (~63%). Based on your responses, you will receive a mailed copy of the newsletter or an email with the pdf attachment. As always, anyone (CDHNS members or the general public) can access electronic versions of the newsletters on the CDHNS website.



Image courtesy of the Canadian Dental Hygienists Association

Dental Hygiene Student Professional Presentations for the Public

Event: Dalhousie University: Dental Hygiene Students' Presentation/Table Clinic Evening — Second year dental hygiene students will be giving 15-20 minute presentations. The topics have been researched to focus on best practice standards for dental hygiene care.

Date: Friday January 26, 2018

Time: 4:00 pm – 8:30 pm

Location: The Collaborative Health Education Building (CHEB) 5793 University Avenue

Credits: 2 hours (To receive CE credits you must sign-in at the registration desk by 6pm)

Description: Second year dental hygiene students, in groups of four students, will be giving 15-20 minute presentations that have been researched to focus on best practice standards for dental hygiene care. **Topics:** Final titles will be determined at a later date.

Request For Judges

Responsibilities: A brief overview of expectations will take place at 4:00 pm followed by refreshments. Judging will take place between 5:00 pm and 8:00 pm. The students will be presenting in two rooms. Two judges are needed for each room and will be expected to stay in the assigned room during the seven presentations. After the final presentation, each pair of judges will decide on the first, second and third place presentations. Then upon calibration between both teams, the final placements will be decided.

Please contact Kim Haslam, khaslam@dal.ca, for further information.

Three Year Notice: Requirements for Practice Hours

(effective in the three-year period starting November 1, 2017)

Three-year notice is hereby given that Council has approved a requirement for licencing or licence renewal that for registrants who have graduated more than three years prior to their application for a licence or licence renewal the registrant must provide evidence of 600 hours of practice as a dental hygienists within the 3 years immediately preceding the date the Registrar receives a complete application.

Hours of practice will be tracked beginning November 1, 2017 and the 600 hours requirement will take effect on November 1, 2020. For more information and background on this subject see Unison, Vol 43, Issue 3 Quality Assurance - Practice Hours

Farewell and Best Wishes to Renee Field

It is with both sadness and best wishes that we announce the resignation of Renee Field, Member Services Coordinator. While we are disappointed to lose Renee, the CDHNS Council and staff wish her all the best in her new opportunities. Renee served in the newly created position of Member Services Coordinator since February 2017. Her knowledge and expertise, her passion, and boundless energy will be greatly missed.



THE CANADIAN DENTAL
HYGIENISTS ASSOCIATION
L'ASSOCIATION CANADIENNE
DES HYGIÉNISTES DENTAIRES

CDHA CORNER

Dear friends and colleagues,

With my first official communication, I would like to take the time to thank you for your support in allowing me to become Nova Scotia's CDHA board director! I am humbled and honoured to be serving on your behalf. In



October, I attended my first CDHA board meeting and participated in the global dental hygiene conference, Translating Knowledge to Action, in Ottawa. What an experience! The conference was sold out, with more than 500 oral health care professionals in attendance from 16 countries. It was great to see the reputation that CDHA has earned worldwide. I was pleased to see CDHNS members from Dalhousie University—Kim Haslam, Teanne MacCallum, Shauna Hachey, and Heather Doucette—sharing their research at the poster presentations and oral presentations portions of the conference. Congratulations ladies! The next conference will be held in St. John's, Newfoundland, in 2019. I hope many of you will consider attending.

Highlights of the conference for me were sessions by Dr. Carlos Quiñonez on the political economy of oral health care, and by Jacquelyn Fried and Dr. Andrea Feller on interprofessional practice and the future of dental hygiene. Both these sessions challenged the current model of dental hygiene practice and encouraged attendees to think of alternative ways to make a difference in the oral health of Canadians, a cause that is important to all dental hygienists!

I would like to wish you all a happy holiday season and a safe and prosperous 2018.

*Wendy Stewart, RDH
CDHA board director, Nova Scotia*

WHAT'S NEW AT CDHA?

PROFESSIONAL DEVELOPMENT

CDHA is committed to supporting your ongoing professional development so we're thrilled to announce that **all webinars are now available to members for FREE**, saving you hundreds of dollars.

Webinars now on demand:

Community Water Fluoridation

Challenges of Our Diabetic Clients, *sponsored by SUNSTAR*

Maintaining Dental Implants: It Takes Two, *sponsored by Philips*

FREE webinars coming soon:

Instrument Reprocessing, January 24, 2018

Alcohol vs. Alcohol-Free Antiseptic Mouthrinse, February 21, 2018
sponsored by Johnson & Johnson

www.cdha.ca/webinars

JOB MARKET & EMPLOYMENT SURVEY RESULTS

An executive summary plus full and provincial segmentation reports of the 2017 survey are available online. Our FREE on-demand webinar highlights the key findings. www.cdha.ca/jobsurvey

IMAGE BANK

Check out CDHA's new image bank offering high-quality images accurately portraying dental hygienists and reflecting proper dental hygiene practice. Dental hygienists, media, businesses, and the public are free to use and distribute these images at no charge.

www.cdha.ca/imagebank

6 REASONS FOR MEMBERSHIP

There are many advantages of CDHA membership. We've highlighted the top six in our new infographic and video. www.cdha.ca/6reasons

2016-2017 ANNUAL REPORT

If you weren't able to attend CDHA's annual general meeting in Ottawa on October 21, you can view and download the 2016-2017 annual report, which summarizes CDHA's progress over the past year in meeting the organizational ends (or goals) established by the board of directors. www.cdha.ca/annualreport

NEW BRUSHING RESOURCE FOR PARENTS

Many parents find brushing their child's teeth a struggle. CDHA has developed a new handout, offering simple tips and tricks to make the process easier for everyone.

www.dentalhygienecanada.ca/kidsbrushing



www.cdha.ca



info@cdha.ca



[@thecdha](https://twitter.com/thecdha)



www.facebook.com/theCDHA

2017 CDHNS Council Call for Nominations

Notice: CDHNS Nominations and Election Information

Three positions on the CDHNS Council will become vacant in June 2018. This is a call for nominations to elect members to fill the vacant positions on the College Council.

General Information

The Council consists of 9 elected members of the CDHNS and 3 public representatives appointed by Governor in Council. The Council elects annually from amongst its members an executive committee. The Council meets a minimum of three weekends per year to conduct business and other conference calls and special meetings as needed. Council deliberations are guided by Vision and Mission statements. (Available on our website under *About*).

The College has adopted Policy Governance® as their governance model. Policy Governance is meant to enhance role clarity, operational transparency and guard the right of an organization to be faithfully served according to the organization's goals or end statements.

Orientation, ongoing education and reimbursement:

The CDHNS is committed to ongoing education of Council members and an orientation will be provided for all new members of Council. Council members are reimbursed their expenses for meetings and are provided honorariums according to the CDHNS expense policy. Creating a positive future for the profession is rewarding work. If you or someone you know would like to contribute through an elected position on the Council, please submit a nomination.

Under Policy Governance® the roles of Council include:

Specific job outputs of the Council are those that ensure appropriate organizational performance. Accordingly, the Council has direct responsibility to create and sustain:

1. The link between the ownership and the operational organization.
2. Written governing policies which address the broadest levels of all organizational decisions and situations.
 - A. Ends: Organizational products, impacts, benefits, outcomes, recipients, and their relative worth (what good for which recipients at what relative cost or relative worth).
 - B. Executive Limitations: Constraints on executive authority which establish the prudence and ethics boundaries within which all executive activity and decisions must take place.
 - C. Governance Process: Specification of how the Council conceives, carries out, and monitors its own task.
 - D. Council-Management Relationship: How power is delegated and its proper use monitored; the Registrar role, authority and accountability.
3. Assurance of successful organizational performance on Ends and Executive Limitations.
4. Scope of practice decisions and related policy position statements that are in the best interest of protecting the public.
5. Decisions that are in the best interest of protecting the public relative to eligibility of dental hygiene programs.
6. Appointment of Credentials Committee as required by the Act. The Council may specify its terms but this committee is not accountable to Council. Council may hear appeals by members on licensing issues as determined by the legislation.
7. Appointment of the Hearing and Investigation Committees as per the Act. These committees are accountable to Council.
8. Appeals from persons denied by the Hearing Committee (as per Section #63 of the Act).
9. Other products required by the Act, Regulation, and Bylaws including:
 - a. Regular Bylaw review
 - b. Annual General Meeting

Nominations

Dear Colleagues –

As Chair of the Nominations Committee, I'm writing to encourage each of you to consider putting your name forward to serve on CDHNS Council.

I know it may seem scary because you aren't sure what serving on the Council entails and what kind of work goes on behind the scenes I assure you that each and every member helps orient you to the workings of the Council.

The Council meets three times a year during the weekend in which you will be compensated for any expenses and an honorarium is paid to each member. Category 3 points are earned for attending meetings.

It's not all hard work. We do enjoy the occasional laugh and many friendships have been formed. We encourage dental hygienists from all areas of Nova Scotia to serve on the Council so that we can share different views of dental hygiene needs for all parts of the province. Serving on the Council is a great way to expand your professional career as a dental hygienist and help shape the vision of dental hygiene in Nova Scotia.

Together we strive toward the common goal of strengthening our profession and making our voices heard as we aim to improve the oral health of Nova Scotians.

Jennifer Clark

Nomination Committee Chair

Any member who is considering running for Council is invited to sit as an observer at the January 2018 Council Meeting. Please RSVP through the CDHNS at info@cdhns.ca

Members should consider candidates who have:

- ✓ An interest in serving the professional regulatory body
- ✓ Integrity and good personal judgment
- ✓ The ability to put the public interest first and only subject to that, the interest of the profession
- ✓ Effective interpersonal and communication skills
- ✓ A willingness to share opinions and ask questions
- ✓ The ability to listen to all perspectives without bias
- ✓ The willingness to commit time and energy

CDHNS Council Nomination Form

Part I

For Members of the College of Dental Hygienists of Nova Scotia

- While it is not mandated, in so far as possible, the slate should represent diversity with respect to geography, practice setting, and experience.
- All nominees must be registered and licensed members (practising and non-practising) of CDHNS in good standing.
- Nominations must be endorsed by two CDHNS members along with the consent of the nominee.
- Nominees must submit a biography form (included).
- Deadline for completed nominations to be received at the CDHNS office is midnight February 28, 2018. Nominations may remain open following this date if insufficient nominations are received to fill all vacant Council positions.

We, being members of CDHNS in good standing, nominate _____
(Print Name) (CDHNS Lic #)

For the position of:

CDHNS Councillor: Two Year Term (Starts June 2018 – Ends June 2020)

Nominated By _____ RDH Signature _____
(Please Print) (CDHNS Lic #)

Nominated By _____ RDH Signature _____
(Please Print) (CDHNS Lic #)

CONSENT:

I, _____ accept this nomination. _____
(Print Name) (Signature)

This form is available for reprint on the CDHNS website (www.cdhns.ca) under Members Tab. Nominations to be announced in the March/April issue of Unison and posted on our website.

Return this completed form to: CDHNS 11 – 2625 Joseph Howe Dr., Halifax NS B3L 4G4 , fax at (902) 444-7242, or email at cdhnschair@cdhns.ca

Complete Part II on the next page

Biography of Nominee for CDHNS Council Positions

Part II

Name: _____ Address: _____

Telephone: Home _____ Work _____

Email: _____

Dental Hygiene Education Program/Institution: _____ Year of graduation: _____

Other Relevant Post-Secondary Education: _____

Dental Hygiene Professional Experience(s): *Please include practice settings and areas of responsibility.*

Volunteer and/or Professional Activities:

Please include past or present volunteer experiences on Board(s), Council(s), or Committee(s)

Statement of Intent: Please write a brief statement on why you are standing for election to the Council. Consider including why you are interested in serving and what you hope to accomplish.



Wanda Green, one of the recipients of the Bright Smiles Project.

Photo courtesy of the Bright Smiles Project.

While the problems cannot be solved overnight, we have been called upon to think outside the box to alleviate some of the suffering². A team of volunteers from Pictou County Mental Illness Family Support Association and community partners did just that when they first envisioned the Bright Smiles project. The Bright Smiles project aims to increase access to oral health care services and to reduce the stigma associated with missing and decayed teeth. The target population is focused on individuals living with mental illness whose oral health care needs are not currently being addressed at any level of government in Nova Scotia.

Working together, the team of volunteers and community partners obtained program grants and fundraising dollars for the Bright Smiles project. Local dental offices were approached to participate in the Bright Smiles family support initiative.

Once an applicant is accepted, Bright Smiles helps vulnerable citizens

navigate road to oral healthcare. The overall objective is to improve oral health and oral health practices, produce a brighter smile and heightened self-esteem.

Did you know? While the issues are complex and wide ranging, the fact remains that approximately six million Canadians avoid visiting the dentist every year because of the cost. This translates to about 1 in 6 Canadians.³

In October 2017, the Bright Smiles project was showcased during an evening of knowledge-sharing with public health and local dental office teams. Sponsored by Public Health, the evening was booked to capacity and was considered a success by all who attended. Facilitated by the Northern Zone Public Health Consultants, a new level of awareness and understanding was achieved.

This family support coalition has now helped 18 individuals attain oral healthcare previously unavailable to them. Many had not been to a dental healthcare professional in many years and suffered with the pain and embarrassment of dental disease. Bright Smiles has a waiting list of candidates eligible to apply for their help and the coalition continues to fundraise and to speak to politicians about regulations that could help open more doors.

More information about the project, the issues, and Wanda's story can be found on the Mental Health Foundation of Nova Scotia website: <http://www.mentalhealthns.ca/wandas-story>

In 2016, a McMaster University Health Forum recommended "...support (for) integration of oral health services and use of alternative delivery sites (e.g. community health centres)... and... more training and education for dental professionals to treat patients with disabilities and mental illness."⁴ Many other recommendations mirror the recommendations outlined in the CDHNS White paper of 2014.⁵

1. Kraglund, D., & Cooney, Dr. Peter. (2008). *Nova Scotia Oral Health Review*. Nova Scotia: Nova Scotia Health Promotion & Protection.
2. Lawrence, H. (2001). 2: *The U.S. Surgeon General's Report on Oral Health in America: A Canadian Perspective*. J Can Dent Assoc.
3. Canadian Academy of Health Sciences. (2014). *Improving Access to Oral Health Care for Vulnerable Peoples Living in Canada*. Canadian Academy of Health Sciences.
4. McMaster University. (2016). *McMaster Health Forum*. McMaster University.
5. Chalmers, D. (2014). *Dental Hygienists Prevent More to Treat Less*. Halifax, NS: CDHNS.

Outstanding Dental Hygienists

2017 A. GORDON ARCHIBALD AWARD



2017 A. Gordon Archibald Award recipient Susan Keating-Bekkers (DipDH'91).
Image: Danny Abriel.

Susan Keating-Bekkers, DipDH'91 *The following is an excerpt from the article written by Mark Campbell*

When Susan Keating-Bekkers heard that the future of a Dalhousie Faculty of Dentistry program providing hands-on experience to students and treatment to Halifax Regional Municipality newcomers was in jeopardy due to lack of funding, she knew she had to take action.

"It seemed such a shame to cancel a great teaching clinic, especially one serving people who have never received oral health care," Keating-Bekkers recalls. "I reached out to the dean and asked what it would take to keep this program in place, and we worked together to create an endowed fund that would support it."

That fund, the Oral Health Care Initiatives for Nova Scotia

Immigrants, is one of many ways that this dental hygienist and Faculty of Dentistry instructor is giving back to Dalhousie. Through her extensive volunteer work and financial gifts, Keating-Bekkers is playing a key role in enhancing the university's educational experience, providing assistance to students in completing their studies and ensuring that marginalized communities throughout the municipality have full access to oral care. Her boundless enthusiasm, bold ideas and dedication to her alma mater have put smiles on the faces of faculty, students and patients alike, and have earned her the 2017 A. Gordon Archibald Award from the Dalhousie Alumni Association.

The award recognizes volunteers for their service to the university. Identifying a need "Susan does not wait to be approached," says Faculty of Dentistry professor Angela Nowe (DipDH '94), who has known Keating-Bekkers for 15 years. "She identifies a need and then creates an opportunity to give back. Through her generosity, she has made a significant contribution both to the advancement of our university and the wider community."

For the full article, go to: <https://alumni.dal.ca/get-involved/alumni-awards/gordon-archibald-award/>

We want to respond to you in a timely manner

The following emails are no longer used or monitored:

jennmackay@eastlink.ca
admin@eastlink.ca
pdgrant@eastlink.ca

Emails sent to these addresses are not received by CDHNS staff members. Please use the emails listed on the website and in this newsletter to contact CDHNS staff.

We need you

The following CDHNS Committees are looking for Members to fill the seats as soon as possible:

Credentials Committee: 2 seats for CDHNS members

Member Services Committee: 2 seats for CDHNS members

Continuing Competency Committee: 1 CDHNS member (after February 2018)

CDHNS Committee members will receive category 3 continuing competency credits for Committee participation. (See the CCP Guidelines for further details.) Please submit your inquiries and/or name to CDHNS at registrar@cdhns.ca



Image courtesy of the Canadian Dental Hygienists Association

Member Services Committee - Less policy; more fun!

Under legislation, the CDHNS may advance the profession, subject to its regulatory public protection mandate. The CDHNS is looking to enhance opportunities for member engagement and advancement of the profession. The Member Services Committee is the vehicle through which members have an opportunity to participate in these aspects.

This Committee is an Advisory Committee to the Registrar or designate. Some of the responsibilities include: coordinating the Annual CDHNS Continuing Competency Event, updating the Employment handbook, recommending member survey topics, and encouraging membership growth, input, and involvement.

Continuing Competency (CC) Committee

Dental hygiene legislation provides for a quality assurance program including mandatory requirements for continuing education and practice-hours for registration or licensing. Council has delegated this responsibility to the Registrar. The CC Committee, under the direction of the Registrar, conducts the Continuing Competency Audits, reviews and revises the CC Guidelines and reviews other matters related to the program referred to it by the CDHNS Administrative staff. This committee meets twice per year to review the program requirements and conduct the continuing competency audit. Between these meetings, correspondence is completed by email or conference call to conduct other business, as required.

Revisions to the CCP Guidelines are based on analysis of current research and best practices, member feedback, and analysis of completed member audits. In November 2017, the CC Committee completed a revision to the CC program participation requirements that will come into effect January 1, 2018. The document will be posted for member use at that time. Until then, the posted Guidelines continue to be in effect.

The table on page 14 provides is a summary of the major changes.

Below is a summary of the major changes to the Continuing Competency program participation requirements:

Section	Description of Change
General	<ul style="list-style-type: none"> • Wording changes were made to ensure that terminology was used consistently throughout the document. • Re-formatting was done to improve reader usability, including the addition of a Table of Contents and a consistent numbering system. • Practice Hours: Since the new practice hours requirement has been approved by Council, the Committee reviewed the existing guidelines and removed the majority of activities that fell within the definition of practice hours, rather than continuing competence learning activities. • Clarification of practice hours versus learning activities was included.
Definitions	As appropriate, new definitions were added and others were removed if the term was not used in the document.
Section 3: Continuing Competency Program Requirements	<p>New daily and individual course limits were included:</p> <ul style="list-style-type: none"> • No single course may qualify for more than 25 continuing competency credits (credit hours) • A maximum of 10 credits per 24-hour period may be claimed. • Clarification around credit allocations for formal advanced education courses or programs.
Section 6.1: Category 1	Wording revisions for CPR requirements are consistent with wording used in CDHNS Council requirements and CDHNS registration and renewal documents.
Section 6.2: Category 2	<ul style="list-style-type: none"> • Clarification that in order to be able to claim for program credits within this category, the activities must be outside a member's regular employment or contractual obligation. Developing and delivering educational activities as part of a member's regular obligations is considered practice hours. • Sections that were not consistent with the clarification noted above were revised or removed e.g., part-time or full-time faculty hours was removed, since those responsibilities are considered practice hours.
Section 6.3: Category 3	Fluoride Mouthrinse Program participation volunteers will receive a maximum of 5 credits <u>per cycle</u> .
Section 7: Study Club	Wording was revised for clarity.

All CDHNS members are responsible for reviewing and complying with the CDHNS Continuing Competency Program Requirements.

Members whose reporting period ends on **December 31, 2017** must have completed a **minimum of 45 eligible program credits** from **January 1 2015 to December 31, 2017**. Each year, ~25% of the members whose reporting period is ending is randomly selected by a third party for an audit to confirm they have met the requirements. **Members who are selected for audit will be notified early January 2018 that they have been selected.** At that time, members will be provided with the audit submission requirements.

Outstanding Alumni Awards

Would you like to recognize a colleague for their achievements? Dalhousie University's Faculty of Dentistry is requesting nominations for its Outstanding Alumni Award. This prestigious distinction is bestowed upon a biannual basis to Dalhousie dentistry and dental hygiene graduates deserving of special recognition for their distinctive contributions to their community, profession, society at large, and/or to the Faculty of Dentistry/School of Dental Hygiene.

Nova Scotia-based dental hygienists who have previously received this award include Glenda Butt (2003), Wanda Fedora (2006), Patricia Grant (2005), Maureen Keating (2008), Marilyn Kinnear (2004), Suzanne MacIntosh (2002), Terry Mitchell (2011), Joanne Noye (2013), Karen Wolfe (2007) and Linda Zambolin (1984). Who will be next?

Nominations can come from any source, and individuals/groups are requested to submit completed nominations in advance of the April 1, 2018 deadline. The 2018 Outstanding Alumni Awards will be presented during Dalhousie Homecoming Weekend (September 27-29, 2018), part of Dalhousie's 200th anniversary celebrations.

The criteria, nomination process and nomination forms are available at www.dal.ca/faculty/dentistry/alumni-friends/alumni-committee/awards.html or by contacting alumni.dentistry@dal.ca

Dalhousie's Bicentennial

Dalhousie University will be celebrating its 200th anniversary in 2018, and the Faculty of Dentistry will be coordinating a series of events to mark this milestone during Homecoming Weekend (September 27-29, 2018). The festivities will include the grand re-opening and re-naming of the renewed dental clinic, continuing education and general interest courses, the Dentistry Alumni Dinner featuring the 2018 Outstanding Alumni Awards, class reunions, and more!

If you would be interested in helping to coordinate a class reunion in conjunction with these festivities, please email alumni.dentistry@dal.ca or call 902-494-2431.



Independent Mobile Practice for Sale:

Essential Dental Hygiene Services
www.essentialdentalhygiene.com

Owner has had a career change and will only have license for one more year.

Serious inquiries only please.

Contact: **Joanne Noye, RDH**
essentialdh@gmail.com
902-225-6340

Dalhousie's Faculty of Dentistry Continuing Professional Education

Saturday, January 27, 2018 | 9:00 am to 4:00 pm
Porcelain veneers from A-Z: A hands-on program
Dr. Effie Habsha

Saturday, March 3, 2018 | 9:00 am to 4:00 pm
The diagnosis and management of chronic orofacial pain
Dr. Michael Goldberg

Saturday, March 24, 2018 | 9:00 am to 4:00 pm
Medical emergency course for the dental office
Dr. Chris Lee, Dr. Laurel Murphy, Sue Murphy and Darryl Chickness

Thursday, May 3, 2018 to Sunday, May 6, 2018 | 9:00 am to 4:00 pm except Thursday 4:00 pm to 8:00 pm,
Local anesthesia for the dental hygienist
Dr. Ben Davis, Dr. JC Doucet, and Dr. James Brady

For a full listing of the courses offered through Dalhousie's Faculty of Dentistry's Office of Continuing Professional Education, go to <https://www.dal.ca/faculty/dentistry/continuing-education.html>

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College of
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The CDHNS office will be closed from Monday December 25 and will reopen Tuesday January 2, 2018.



*From all of us here at CDHNS,
we wish you and your family
a peaceful and joyful holiday
celebration.*

Gingerbread Man Icon created by RocketTheme

College of Dental Hygienists of Nova Scotia

11-2625 Joseph Howe Drive
Halifax NS B3L 4G4

www.cdhns.ca

